

2014 Long Beach Dragon Boat Festival

Dragon Boat Racing Rules & Instructions International Cultural Exchange Association

I – Captains' Meeting

1. Captains' meeting is on Saturday at 8:30 AM at the starting area on the beach. Be on time, as **race loading starts at 9:10AM**.
2. All teams must turn in electronic waivers except for minors. Minors must turn in paper waivers with parent's or guardian's signature. No waivers, no racing! Paper waivers will still be acceptable on Saturday morning but not preferred.

II - General Notes

1. **DO NOT use Paoli Way for vehicle or pedestrian entrance. Do not use Paoli Way to drop off.**
2. **DO NOT sit on the low wall along Paoli Way. The wall is located closer to the residence and is along the west side of beach walk way.**
3. **DO NOT step on or touch plants on/near Paoli Way. Do not cross the yellow tape!**
4. **DO NOT play frisbee, football or volleyball on the walkways. Do not block this area. It is a fire lane.**
5. Marine Stadium gate for parking opens at **7:00AM** (please be patient and quiet coming into the lot). Absolutely **NO Drumming before 10AM**. Also, **Do Not drum on the way to the starting line.**
6. Please keep the noise level down at all times, especially when setting up early in the morning. **Loud noises** like cheering/yelling/chanting in the starting area **is prohibited**. Noise from teams interfering with official calls will be penalized.
7. Each team will be given trash bags (black) and recycle bags (blue). Please keep the tent and the open area clean. Additional trash bags will be available at the registration tent. Your team is responsible for cleaning up and removing trash on Saturday and Sunday. Please separate trash and recyclables. If teams do not clean up their area, trash deposit will not be refunded.
8. No sales of food or team products allowed in the tent area without City of LB permit and race committee approval. Teams are responsible for pre arranging their own lunch.
9. Please comply with the parking plan as posted on www.scdbc.org. **DO NOT** drive to area A or B to ask where to park. We will not let you in without showing a permit. Only cars with A permits may enter to load/unload.
10. Volunteers will be coordinating the loading and unloading of boats, your team is required to load/push-off and dock/unload on your own.
11. Swimming is prohibited in the Marine Stadium and at the loading area. This applies to team members and their family members.
12. Water dunking is prohibited in Marine Stadium. Team leaders and coaches are fully responsible for injuries in case your team members are not following this rule.
13. Wearing water shoes or sandals is highly recommended to protect from rocks and other hard/sharp objects. Sandals/shoes may get wet during loading.
14. After the race is finished, the boat should stop paddling and slowly turn to the launching zone. Paddlers shall not stand up or move their body around to avoid shifting of weight.
15. Please keep the loading area clean by **leaving bottles**, equipment, or other personal belongings by the exit.
16. Open fire grill/cook tops are not allowed. Alcohol is strictly prohibited.
17. 23 medals will be awarded to each winning team. Each additional medal is \$5.
18. **All teams will be responsible for bringing their own toilet paper.**
19. **Each team is responsible to bring their own bailers for bailing out water from the boat.**
20. **Paddlers shall not bring personal belongings (wallet, phone, etc.) to the boat. If you are wearing glasses or sunglasses, make sure you secure them on your head. We are not responsible for any lost / damage of your personal belongings.**

2014 Long Beach Dragon Boat Festival

III - Racing Rules

1. If any of your team members have any special medical condition (especially heart condition), they must carry their medication with them at all times.
2. Lane assignments for the first race of each division are drawn by lottery by officials. Lane 8 is the lane closest to the spectators.
3. Local Teams MUST use Long Beach certified steers. If you need a steer, please E-mail steering@scdbc.org with your team name and divisions. Visiting team's steers must be proficient and have racing experience.
4. All divisions except for Open, Women, Breast Cancer Survivors, and All Female Cancer Survivors are mixed divisions, which needs to have a minimum of 6 female paddlers.
5. Minimum of 14 paddlers and maximum of 18 paddlers are allowed per boat.
6. Team Captains and Coaches must read and follow the race grid in order to be on time for races. Your check-in time is 40 minutes before the published heat time.
7. In order to keep the races on schedule, the dock crew will not wait for any teams upon launching for a race. Make sure your entire crew is ready to marshal and checks in at the loading area **45 minutes before your scheduled race**. It is your responsibility to check the posted schedule. **We are not going to use Twitter to remind teams for marshalling.**
8. In case of time conflicts for your races (e.g., back to back races, concurrent races), please notify the officials at the marshaling area before your race. Teams will be disqualified if they are not prepared to marshal as a full team from back to front on time.
9. Teams will be disqualified if they are not prepared to marshal as a full team from back to front **on time**.
10. During the marshaling process, teams line up in two straight lines from back to front on the boat facing the launching area with the steersperson in front reporting to judges and the caller behind the paddlers. All persons on the boat must wear an approved PFD buckled at all times. Inflatables are not allowed.
11. Teams at the loading area MUST follow the officials' directions. Teams that do not load properly (e.g., no show until 20 mins before race, waiting for missing paddlers, full team is not ready to load or preparing line-up) will be disqualified immediately. **This rule will be strictly enforced.**
12. **2 team members** from each boat need to help push their boat off from the dock for their race. Other non-paddling team members shall not enter the loading area.
13. After the boat leaves the beach, it cannot stop for any personnel changes. All launched boats are required to head to the starting dock immediately. Stops and detours are not permitted. **Boats that delay the starting of a race will be penalized or disqualified.**
14. When heading to the starting dock, stay close to the shore as other teams may be racing. Your team **must stop paddling 50 Meters before being approached** by a racing boat. Restart paddling immediately after the racing boats passes. Please pay attention to officials for instructions. Teams ignoring official's call will be penalized by 6 seconds or will be disqualified.
15. Go behind the holding buoy (flag) on your own lanes as soon as you enter the starting area. You are not allowed to back out past this buoy once you enter it. Once officials ask you to move in to the holding cage, do so immediately but slow down when getting close to the gate. Teams purposely avoiding holding in the cage with the dragon head will be penalized.
16. Due to the implementation of the new block system. The starter commands will be "Are you ready?" "Attention" and horn. If your team is not ready at "Are you ready?" command, drummer should waive both arms to get starter's attention. There is no guarantee that the starter will wait. There are 4 speakers that will sound the start simultaneously while the cages sink.
17. False starts will be penalized: ex. pushing the cage before the start +20 seconds. If re-race has been called for this false start, penalty will not be applied. If any team false in the re-race, these teams will be disqualified for that division.
18. Upon finishing a race, each team must return promptly back to the launching dock without causing delay for the next heat. A penalty of 6 seconds may be imposed to the boat causing the delay. Follow loading official's

2014 Long Beach Dragon Boat Festival

commands to return the boat to a specific location. **When returning, WAIT for boats leaving the loading area** as they have the right of way. Not following the official's commands will also result in penalties.

19. All steers **must** guarantee that their boats are not running into the sand when docking.
20. All ICEA life jackets and paddles must be returned and must not leave the marshaling area after each race (penalty: 6 seconds).
21. Penalty for ICEA equipment damages (e.g., paddles, life jackets, drums, steering oars, and boats) will be applied to offending parties in the form of added seconds to their race time.
22. Additional racing details are available online at: www.lbdragonboat.com under Race Rules Regulations.
23. Disregard of starter's or umpires' instructions may result in disqualification.
24. All other penalties are decided by the race jury. Teams ignoring official's call will be penalized by 6 seconds or will be disqualified.
25. Paddlers can only paddle for one team per division.
26. Wrist bands will be provided for paddlers of some Divisions. Wristbands will need to be worn on the **right** wrist. Photos will be taken randomly of crew members. If any paddler is caught paddling on 2 different teams in the same division, these teams will be disqualified during the entire race. **Wrist bands will be distributed on Saturday morning at marshalling tent before your first division race.**
27. There will be no changing of drummers, steerspersons or paddlers between continuing heats (back to back races). Please prepare and coordinate for sufficient drummers and steerspersons for all your heats.
28. 200M races are not mandatory. If your team opts not to stay for the 200M races, they must notify an official on Sunday before 12PM.
29. If any boat crosses lane during the race, course empires will warn the boat and a minimum of 20 second penalty may be applied. It is advised to stop the boat immediately and start the boat again in order to avoid collision.

DISCLAIMER

I have read and understand the Dragon Boat Racing Rules and Instructions expected by 2014 Long Beach Dragon Boat Festival and I and my team agree to act in accord with the Standards of Conduct as a condition of my team's participation in 2014 Long Beach Dragon Boat Festival.

Your entire Team, Captains and Team Leaders are responsible for each of their participants. Therefore, this release MUST also be signed.

Signature (Team Captain)

Print Name

Date

Team Name(s)